

# Worthing Deanery Prayer

The theme of this week 15<sup>th</sup> May 2017.

## The Truth



### Reflection

The theme of the readings at Mass for Sunday 14<sup>th</sup> May is about trust in God so that our hearts are not anxious or troubled. The second reading from St Peter tells us that the people of God are a “chosen race, a royal priesthood and a people set apart.” Peter says that we should be “living stones” and act as disciples of Jesus. We are called out from darkness into the light of the risen Christ to sing God’s praises. To bring the good news of the Gospel to the people around us in our thoughts, words and actions. We are called as an Easter People and a Resurrection People to bring life and love to others. In the Gospel, St John tells us what Jesus said about himself to St Thomas: “**I am the Way, the Truth and the Life.** No one can come to the Father except through me.” This is a clear indication that as Christians, we need to cultivate a personal relationship with Jesus in our prayer, in the thoughts and actions of our daily lives. **How will you be a ‘living stone’ this week with everyone you meet?**

### Prayer

Ever living God, help us to celebrate our joy in the resurrection of your Son Jesus and help us to express in our lives the love we have and show for our family and friends. Help us to be true witnesses of your unending love. Amen.

### From the bible

**“I am the Way, the Truth and the Life.”**