

# Worthing Deanery Prayer

The theme of this week 19<sup>th</sup> June 2017.

## Corpus Christi



### Reflection

The theme of the readings at Mass for Sunday 18<sup>th</sup> June is **CORPUS CHRISTI, THE BODY OF CHRIST**. As members of Worthing Deanery we are Christ's Body, we are the Church. Our bodies have been called a temple of the Holy Spirit, a dwelling place inhabited by God who is love. It is the dignity of the body that matters to God not what it looks like. It is about how you feel inside and it is how you act towards others that is important. There is an old saying that "beauty is only skin deep." Corpus Christi teaches us that God who is the creator of the Universe took on human form, a human body bringing God's love into the world. This body, this incarnation is a lasting gift to us especially in the Holy Eucharist when Christ gives himself to us in bread and wine. We are the Body of Christ; we are the Church in our schools, in our classrooms, in the playground, in the dining room and with our families and friends. **Bring Christ to others this week.**

**Prayer** Lord Jesus Christ, you nourish, feed and sustain me with your words and presence. You are the bread of life and the cup of salvation. May your love strengthen me within my school, my family and the wider world. We make this prayer through Christ our Lord. Amen.



### From the bible

"I am the living bread that came down from heaven; whoever eats this bread will live forever."