

# Worthing Deanery Prayer

The theme of this week 6<sup>th</sup> March 2017.

## Temptation



### Reflection

This week beginning 6<sup>th</sup> March is the first week of Lent for Christians throughout the world. Lent is a period of 40 days in which Christians pray, fast and give money to charity in preparation for Easter and on Ash Wednesday last week we received ashes on our foreheads as a sign of turning away from wrong choices and sin and focusing on a new direction and a change of heart. The Gospel reading on Sunday tells the story of how Jesus went into the desert after his baptism to fast and pray. He did this in preparation for his three year mission to teach and preach the “good news.” While he was in the desert he was seriously tempted by the “devil” to turn away from his Father’s mission which was to save and redeem humanity. Jesus tells the Devil that “you must not put the Lord your God to the test” but instead “you must worship the Lord your God and serve him alone.” Let us ask God for the strength to turn away from the very many temptations that we faced with everyday in order to make the right choices and decisions out of love for others and God our Creator.

**During this first week of Lent how will you serve God in your Christian school?**

### Prayer

Father God, in this time of Lenten repentance we call out for your mercy and compassion. Bring us back to you and to the life your Son won for us by his suffering, passion and death on the cross, for through the Resurrection he lives and reigns for ever and ever. Amen.

### From the bible

**“One does not live on bread alone but on every word that comes from the mouth of God .”**

Matthew 4: 4